



# Alice's Embrace



Alice's Embrace is devoted to providing hand-knit and hand-crocheted prayer shawls and lap blankets to those suffering from Alzheimer's disease. We seek volunteers to knit and crochet the patterns that we have created. Through the loving hands of many generous and talented people, this endeavor will help ease the anxiety that is often present in those suffering from the disease.

## First Impressions (Crochet) Prayer Shawl



**Skill Level:** 

**Size:** Approximately 20" x 60"

**Materials:** 1400 yards worsted weight yarn

**Hook:** US H-8 (5mm)

**Notions:** Right side marker, tapestry needle

**Gauge:** 14 stitches and 7 rows = 4" square in pattern stitch

### Abbreviations:

Ch = Chain

Ch-1 space = space formed by dc, ch-1, dc

Dc = Double crochet

St = Stitch

RS = Right side

WS = Wrong side

You will hold the yarn single stranded while crocheting this prayer shawl. The all-dc row will always be worked with the right side facing you. Starting with row 1, the turning chain counts as a dc. The goal is to have two dc's on either side of the shawl. If you need to adjust for gauge, the pattern is a multiple of (2+1), plus 2 for the starting chain.

### **The Pattern:**

Ch 75

Set up row (RS): Working into the back bump of the chain (back horizontal bar of the chain), dc in the third chain from the hook and in each st (bump) across the row; turn (Place marker on this row to denote right side of prayer shawl.)

Row 1 (WS): Ch3 (counts as first dc here and from this point forward), skip first dc, \*dc in next dc, ch 1, skip next dc, dc in next dc\*; repeat the pattern (dc, ch 1, dc) across the row, ending with a dc into the top of the turning chain; turn.

Row 2 (RS): Ch 3, skip first dc; dc in next dc and in each ch-1 space across the row; dc into the top of the turning chain; turn.

Repeat rows 1-2 until prayer shawl measures 60", ending the shawl on a Row 2 (all dc row). Cut yarn. Finish off.

### **Finishing:**

Weave in ends.